Nonmalignant Lymphadenopathy

5/14/2018

Normal lymph node



















Lymph Node Pathology

covered here Lymphadenitides ** Lymphadenopathies ** Lymphomas Granulocytic, Histiocytic, and **Dendritic Cell Neoplasms Other primary neoplasms Metastatic neoplasms



Lymph Node Pathology Diagnostic Methods

Fixed tissue:

- Routine histomorphology
- Immunohistochemistry
- PCR
- Touch preparations
 - Wright (Diff-Quick) stain
- Cell suspension from biopsy:
 - Flow cytometry
 - Cytogenetics
 - Molecular diagnostics (gene rearrangement)

Hyperlasia:

FollicularSinusFollicular and sinus

Reactive Lymphoid Hyperplasia Follicular Pattern

- Numerous enlarged, oddly shaped follicles
- Prominent germinal centers
- Tingible body macrophages
- Nonhomogenous lymphoid population
- Frequent mitoses
- Polyclonal surface immunoglobulins
- Germinal centers negative for bcl-2









BCL-2

Reactive Lymphoid Hyperplasia Sinus Pattern

- Prominent sinuses
- Histiocyte hyperplasia
- Proliferation of plasma cells
- Polyclonal surface immunoglobulins



Progressive Transformation of Germinal Center

Progressive Transformation of Germinal Center: expanded follicular center infiltrated by mantle cells. A benign process. Maybe a/w NLPHL

Lymph Node Pathology: Lymphadenitides

- Viral
- Bacterial
- Mycobacterial
- Fungal
- Protozoal

Viral Lymphadenitides

Infectious Mononucleosis
Cytomegalovirus
Herpes Simplex Virus
Varicella-Zoster Virus
Measles
HIV

Viral Lymphadenitis

- Clinical findings/serologies
- Peripheral blood lymphocytosis (sometimes)
- Atypical lymphocytes
- Expanded paracortex (T-cell zone)
- Mottled pattern
- Immunoblasts & R-S like cells
- Virus-specific findings (sometimes) such as large cells with eosinophilic intranuclear inclusion in CMV

Infectious Mononucleosis

- EBV virus
- Clinical information: febrile, exudative pharyngitis, cervical lymphadenopathy, splenomegaly, abnormal LFTs, common in adolescence/young adulthood, rare after 40 y/o
- Peripheral blood lymphocytosis with atypical lymphocytes
- Expanded paracortex (T-cell zone) by many immunoblasts & R-S like cells
- Mottled pattern, foci of necrosis
- Different from NHL: polymorphous background of transformed lymphocytes, persistent of reactive follicles, architecture preservation. Immuno for R-S like cells: (+) for CD30 and CD20; (-) for CD15. Also many large CD8-pos cells

Case Illustration

Measles Lymphadenitis

- Measles (rubeola) or history of recent vaccination
- Axillary, cervical, inguinal lymph nodes
- Mottled histologic pattern
- Follicular hyperplasia
- Proliferation of immunoblasts
- Warthin-Finkeldey giant cells (syncytia of lymphocytes)

Case Illustration

- 4-year-old boy with pharyngitis, conjunctivitis
- Axillary and cervical tender, lymphadenopathy

HIV Lymphadenitis (persistent generalized lymphadenopathy)

- Pattern A (Acute): Enlarged lymph node with hyperplastic follicles and reactive germinal centers, naked follicular centers, folliculolysis by mantlezone cells, monocytoid B cells in sinus, Warthin-Finkeldey giant cells
- Pattern B (Chronic): Involution of germinal centers, depletion of lymphocytes, increased plasma cells, vascular hyperplasia
- Pattern C (Burnout): Small or absent follicles with hyalinized germinal centers and collagenensheathed arterioles ("lollipop"), plasma cells, more severe lymphocyte depletion-> naked stroma

Case Illustration

32-year-old man with fatigue, weight loss, diffuse lymph node enlargement

Pattern A (Acute)



Pattern B (Chronic)



Bacterial Lymphadenitis

- Ordinary Bacterial
- Cat-Scratch
- Bacillary Angiomatosis
- Lymphogranuloma Venereum
- Syphilitic
- Whipple's

Cat Scratch Lymphadenitis

Contact with cats

- Bartenella henselae, gram-negative bacillus/Warthin-Starry stain
- Unilateral, matted lymph nodes
- Necrotizing granulomas; central microabscesses with neutrophils, surrounded by histiocytes
- Disseminated disease in AIDS

Casse Illustration

10-year-old girl with enlarged, tender axillary lymph nodes







Warthin-Starry stain



Cat Scratch Lymphadenitis Differential Diagnosis

- Suppurative lymphadenitis by a variety of bacteria
- Lymphogranuloma venereum (Chlamydia trachomatis): idential histology as cat scratch
- Tularemia (Franciscella tularensis, from rabbits)
- Brucellosis (Brucella abortus, from cattle)
- Plaque (Yersinia pestis, from rodents via fleas)
- Possibly mycobacterial or fungal
- Gram stain, AFB, GMS and Warthin-Starry stains helpful

Tularemia







Syphilitic Lymphadenitis (Treponema pallidum)

- Inguinal lymphadenopathy more commonFollicular hyperplasia
- Perivascular lymphoplasmacytic infiltrate (endarteritis)
- Plasma cells in clusters or sheets (interfollicular)
- Epithelioid granulomas; isolated multinucleated giant cells
- Capsular fibrosis with infiltrating plasma cells
- Serology and Warthin-Starry or immunofluorescence

Case Illustration

65-year-old man with inguinal lymphadenopathy, mental status changes







Lymphadenitis of Whipple's Disease

- Diarrhea, wasting illness
- Multiple enlarged lymph nodes (may also see in small intestine and disseminated)
- Foamy histiocytes
- Intracellular and extracellular PAS+ deposits of degenerated bacteria
- Rod-shaped bacilli with trilaminar walls (EM)
- Organism: Tropheryma whippelii

Case Illustration

54-year-old man with fever, diarrhea, weight loss, arthralgia, and headache
Hepatomegaly
Mediastinal and abdominal lymphadenopathy





Mycobacterial Lymphadenitides

Mycobacteria tuberculosis Nontuberculous Mycobacteria
 Mycobacterium leprae







AFB Stain



Lepromatous Leprosy



Lepromatous Leprosy

Lepra cells (histiocytes with large cytoplasmic vacuoles containing mycobacteria)



Lepromatous Leprosy AFB stained with Fite-Faraco stain



Fungal Lymphadenitides

Cryptococcus neoformans
 Histoplasma capsulatum
 Coccidioidomycosis immitis
 Pneumocystis (carinii) jiroveci

Cryptococcus neoformans




Histoplasma Capulatum





Pneumocystis (carinii) jiroveci



Coccidiodomycosis Lymphadenitis

- Persons from endemic areas
- Dimorphic fungus with yeast and hyphae
- Sporangium with multiple endospores and thick, double capsule
- Cysts and spores that stain with PAS and GMS
- Necrotizing granulomas
- Giant cells containing sporangia
- Often immunodeficient patients

42-year-old HIV+ man from west Texas with flu-like illness and lymphadenopathy







Coccidioidomycosis immitis

Bacillary Angiomatosis

More common in AIDS pts. Caused by Bartonelle henselae and B. quintana (pos with Warthin-Starry). Skin lesion & LN with epithelioid vascular proliferation & PMNs

Warthin-Starry

Contraction of States

....

-

 \mathbf{O}

9

2

Protozoal Lymphadenitides

- Toxoplasma
- Leishmania
- Filaria (Wucheria bancrofti, Brugia malayi)

Toxoplasma Lymphadenitis

- Most common parasitic infection in US
 Cat definitive host; Toxoplasma gondii
- Posterior cervical LN most often affected
- Triad: Reactive germinal centers; perifollicular and intrafollicular clusters of epithelioid histiocytes; patches of monocytoid cells in sinus
- Serologic tests for confirmation

5-year-old girl with cervical and axillary lymphadenopathy











Leishmania Lymphadenitis

- Microscopic protozoa transmitted by sandflies
- Cutaneous, localized, and visceral forms
- Granulomas forming starry sky pattern
- Necrosis more common in immunodeficient
- Histiocytes and giant cells with intracellular amastigotes

Leishmania Lymphadenitis















Filaria

- Wucheria bancrofti, Brugia malayi
- Adult filaria is found in dilated LN sinus or perinodal lymphatics
- No tissue reaction to living worms
- Intense reaction to dead worms (granuloma, numerous eosinophils, followed by fibrosis and calcification)

An 8 year old child presented with an enlarged, 2 x 2 cm posterior cervical lymph node with restricted mobility

Wucheria bancrofti



Multiple, coarse, discrete nuclei extending from head to tail

Lymphadenopathies

- Lymphadenopathies associated with clinical syndromes
- Iatrogenic lymphadenopathies (vaccination)
- Vascular lymphadenopthies
- Foreign body lymphadenopathies
- Lymph node inclusions

Lymphadenopathies Associated with Clinical Syndromes

Sinus Histiocytosis with Massive Lymphadenopathy

- Kikuchi-Fujimoto Lymphadenopathy
- Sarcoidosis
- Rheumatoid Arthritis; SLE
- Dermatopathic Lymphadenopathy
- Castleman's disease
- Tumor-Reactive Lymphadenopathy
- Sarcoidosis
- Kimura Lymphadenopathy

Kikuchi-Fujimoto

- (Subacute necrotizing lymphadenitis)
 Affects predominantly young Asians
- Females more often than males
- Benign course, spontaneous remission
- Fever, cervical lymphadenapthy
- Patchy necrosis, marked apoptosis, nuclear debris
- Aggregates of histiocytes
- Neutrophils, eosinophils absent
- Kawasaki's disease: infancy and childhood. Histology similar to Kikuchi + fibrin thrombi

28-year-old Japanese woman with lowgrade fever, fatigue, and cervical lymphadenopathy





Kimura's disease

- Affects predominantly young Asian men
- Subcuntaneous tissue, salivary glands, regional LNs of the neck, increased fibrosis
- Folllicular hyperplasia, polykaryocytes (multinucleated large cells, neg for CD30) within follicles.
- Numerous interfollicular eosinophils and thin-walled blood vessels
- Surgical removal with frequent recurrence
Kimura's disease



Systemic Lupus Lymphadenopathy

- Architecture effaced
- Follicles inconspicuous
- Necrosis focal or confluent
- Nuclear debris and hematoxylin bodies (basophilic masses of DNA)
- Presence of plasma cells, immunoblasts
- Vasculitis with fibrinoid necrosis
- Granulomas, neutrophils and eosinophils: absent

25-year-old woman with fatigue, weight loss, uremia





SLE Lymphadenopathy Differential Diagnosis

- Kikuchi's lymphadenopathy
- Infectious mononucleosis
- Cat-scratch lymphadenitis
- Syphilitic lymphadenitis
- Mycobacterial lymphadenitis
- Special stains and serology helpful

Rheumatoid Lymphadeopathy

 Lymphadeopathy is frequent in rheumatoid arthritis

- Florid follicular hyperplasia, marked interfollicular plasmacytosis
- Diff DX: syphilis, HIV, Castleman disease

Sinus Histiocytosis with Massive Lymphadenopathy (Rosai-Dorfmann Disease)

- Children and adolescents
- May have fever or no systemic symptoms
- Polyclonal hypergammaglobulinemia
- Massive lymphadenopathy; cervical lymph nodes most commonly affected
- Good general condition
- Long duration; spontaneous regression

SHML-Rosai-Dorfmann Disease Histologic Features

- Effacement of follicles
- Dilatation of sinuses
- Proliferation of sinus histiocytes
- Lipid-laden macrophages
- Absence of necrosis
- Lack of mitoses

Emperipolesis (lymphocytes in histiocytes)

9-year-old boy with bilateral cervical lymphadenopathy; otherwise healthy







Castleman Lymphadenopathy

Hyaline-vascular type
Plasma cell type
Mixed type
Multicentric

Castleman Lymphadenopathy: Hyaline-Vascular Type

- More common; younger patients
- Isolated lymph node mass; often mediastinal
- Frequently asymptomatic
- Hyaline deposits in atrophic germinal centers
- Transfixing, collagen-ensheathed ("lollipop") arterioles
- Concentric layering of lymphocytes ("target" follicles)
- Interfollicular vascular hyperplasia

Castleman Lymphadenopathy: Plasma Cell Type

- Older patients
- Systemic symptoms
- Possible associations: polyneuropathies, organomegaly, endocrinopathy, monoclonal gammopathy, skin changes (POEMS syndrome)
- Hyperplastic lymphoid follicles with active germinal centers
- Interfollicular sheets of plasma cells

Castleman Lymphadenopathy Multicentric Form

- Atypical lymphoproliferative disorder
- Most are plasma cell type or mixed type (features of both types)
- Older patients
- Severe systemic symptoms
- Multiple lymphoid organs involved
- High levels of IL-6 in lymph nodes & serum
- Kaposi sarcoma/HHV-8 often present
- HIV infection often associated

29-year-old man with mediastinal lymphadenopathy











Castleman's Disease, plasma cell type



 Dermatopathic Lymphadenopathy
 LNs draining areas of dermatitis, also a/w cutaneous T cell lymphoma

- Pruritis, eosinophilia
- Axillary, inguinal lymphadenopathy
- Architecture preserved; follicular hyperplasia
- Paracortical, palely stained, confluent areas of histiocytes/dendritic cells, Langerhan's cells
- Melanin pigment laden macrophages
 Immuno: CD1a+ (LCs); and S100+ (IDCs and LCs)

45-year-old woman with psoriasis, axillary lymphadenpathy







Sarcoidosis Lymphadenopathy

- Adults 20 to 40 years old
- Increased prevalence in blacks (10-fold) and women (twofold)
- Multisystemic (lungs, lymph nodes, skin, eyes, joints); bilateral pulmonary hilar LNs common
- Round, closely apposed granulomas; Langhans' giant cells present; noncaseating necrosis
- Asteroid bodies (stellate inclusions), Schaumann bodies (laminated inclusions)
- Special stains negative for organisms
- Fibrosis late in course

36-year-old man with hilar, mediastinal and supraclavicular lymphadenopathy










Asteroid body

(Star-like cytoplasmic pattern, contain calcium, phosphorous, silica, aluminum)



Schaumann body

(Calcium and protein inclusions inside Langhans giant cells)



Drug-induced hypersensitivity lymphadenopathy

Common meds: ampicilin, dilantin
 Paracortex: expanded (immunoblasts, many eosinophils) and hypervascular
 Follicles: may be involuted or hyperplastic

Postvaccinal lymphadenopathy

- Common cause: smallpox, measle vaccination
- Paracortex: expanded (immunoblasts), mottled or moth-eaten, vascular proliferation
- Follicles: hyperplastic in later phase

Lymph Node Inclusions-Epithelial Cells

- Due to development abnormalities or benign transport
- Upper cervical: salivary gland acini and ducts
- Lower cervical: colloid-containing thyroid follicles
- Axillary: nodules of mammary ducts, cysts and myoepithelial cells
- Mediastinal: glandlike structures of pleural cell origin
- Mesenteric and peritoneal: benign glandular inclusions
- Pelvic: glands lined by salpingeal or ovarian epithelium

Epithelial Inclusions

Aggregates in capsular or cortical sites
Benign histologic appearance
Lack of nuclear pleomorphism and mitoses
Lack of vascular, lymphatic and sinus invasion

Nevus Cell Inclusions in Lymph Nodes

- Aggregates of nevus cells in the lymph node capsule, hilum, or trabeculae
- Marginal sinus not involved; parenchyma very rarely involved
- Monomorphic cell population
- Lack of nuclear pleomorphism and nucleolar prominence
- Absence of mitoses
- Pos for S-100, Neg for keratin (r/o CA met)

Case Illustration

45-year-old woman with enlarged axillary lymph node



