Myelodysplastic/ myeloproliferative neoplasms (MDS/MPN)

# **MDS/MPN** Diseases

 Chronic Myelomonocytic Leukemia
 Atypical Chronic Myeloid Leukemia, bcr/abl1 neg
 Juvenile Myelomonocytic Leukemia
 MDS / MPN, Unclassified

# MDS/MPN: WHO Classification

Monoclonal hematopoietic neoplasms with clinical, laboratory or morphologic findings of both myelodysplastic syndromes and chronic myeloproliferative diseases

## **MDS/MPD:** General features

#### Hypercellular bone marrow

- Proliferation of one or more myeloid lineages
  - May be effective and functional with increased circulating cells

Or morphologically and functionally dysplastic

- Cytopenias
  - Ineffective proliferation of other lineages
- Blasts < 20%</p>
- Splenomegaly and hepatomegaly

## MDS/MPD: Exclusion criteria

 Patients with well-defined myeloproliferative diseases who develop dysplasia and ineffective hematopoiesis
 Ph or Bcr/Abl Chronic Myelomonocytic Leukemia (CMML)

# **CMML: Definition**

Monoclonal hematopoietic disorder of bone marrow stem cells in which monocytosis is a major defining feature.

## CMML: Etiology/Epidemiology

#### Unknown

Occupational or environmental carcinogens, ionizing irradiation and cytotoxic agents

3/100,000 over the age of 60, annually
 Median age at diagnosis: 65-75 years
 Male predominance, M:F= 1.5-3:1

CMML: Diagnostic criteria
 Persistent monocytosis (>1 x 10<sup>9</sup>/L, or > 1 x 10<sup>3</sup>/uL) in PB, Monocytes >10% of WBCs
 No Ph or Bcr/Abl

<20% blasts in PB or BM, 20% may include:</p>

- Myeloblasts
- Monoblasts
- Promonocytes

May have dysplasia in one or more myeloid lineages (not necessary)

#### **CMML: Diagnostic criteria**

- If dysplasia is minimal or absent, CMML can be diagnosed if:
  - Monoclonal cytogenetic abnormality in marrow cells, or
  - Monocytosis persistent for at least 3 mo, and
  - All other causes of monocytosis are excluded

## **CMML:** Diagnostic criteria

- Dysgranulopoiesis present in most cases, and may be more prominent in cases with normal or low WBC count
  - Neutrophils with nuclear hypolobation
  - Neutrophils with abnormal cytoplasmic granulation
- Mild anemia

Moderate thrombocytopenia with atypical platelets

# **CMML: Clinical features**

Symptoms: fatigue,weight loss, fever, night sweats, infection, bleeding

#### Sites of involvement

- PB and BM always involved
- Most common sites of extramedullary leukemic infiltration
  - Spleen
  - Liver
  - Skin
  - LNs

# Monoblasts



# Promonocytes



# CMML: PB morphology





Monocytosis, dysplastic PMNs

# CMML: BM Morphology

Hypercellular in >75% of cases
 Granulocytic proliferation
 Monocytic proliferation: positive for these non-specific esterases (NSE)

 Alpha naphthyl acetate esterase
 Alpha naphthyl butyrate esterase

# Butyrate



## **CMML: BM Morphology**

Dysgranulopoiesis in most cases Dyserythropoiesis (> 50%) - Megaloblastic changes, abnormal nuclear contours, ringed-sideroblasts Megakaryocytic dysplasia (80%) Abnormal nuclear lobation and micromegs Variable degree of fibrosis (30%)

# **CMML: BM Morphology**



**CMML:** Clinical features In about 50% - WBC count normal or slightly decreased - "MDS-like" picture In about 50% - WBC count increased - "MPD-like" picture

**CMML:** Clinical features "MDS-CMML" and "MPD-CMML" Arbitrary cut-off for leukocyte count  $(13,000/\mu I)$ Little evidence of clinical relevance Duration of survival times similar No cytogenetic or molecular differences MDS-type may become more proliferative

# CMML: Morphology; other organ systems

#### Spleen

- Red pulp infiltration by leukemic cells
- Lymph node involvement
  - Uncommon
  - Sign of transformation to a more acute phase
  - LN may be diffusely infiltrated by myeloid blasts

# **CMML: Classification**

#### CMML-1

- PB blasts <5% of WBC and <10% of nucleated BM cells</li>
- CMML-2
  - PB blasts 5-19% or BM blasts 10-19% or with Auer rods
  - May be at risk of rapid transformation to acute leukemia and poor prognosis
- AML
  - PB and/or BM blasts 20% or more

# CMML-1





 50% of cases: WBC with minimal dysgranulopoiesis  50% of cases: Normal WBC with absolute monocytosis, neutropenia and dysgranulopoiesis.

Degree of leukocytosis, neutrophilia and dysplasia is variable.

#### CMML-2



Blasts 5-19% in the blood
Blasts <20% in BM</li>
Auer rods present

#### **CMML: Immunophenotype**

CD33/13 (+), variable CD14/64/68

Increased percentage of CD34(+) cells may be associated with early transformation to acute leukemia

## **CMML: Genetics**

- Nonspecific cytogenetic abnormalities in 20-40%
  - Trisomy 8
  - del (7q)
  - Structural abnormalities of 12p
  - JAK2 V617F uncommon
  - Abnormalities of 11q23 uncommon -> suggest acute leukemia

## **CMML: Genetics**

- RAS point mutations (40%)i(17q)
  - More aggressive course
- Cases that may resemble CMML with marked eosinophilia:

-t(5;12)(q31;p12) resulting in ETV6/PDGFRB abnormal fusion gene -> MPN with eosinophilia and ETV6/PDGFRB mutation -del(4)(q12) resulting in FIP1L1/PDGFRA abnormal fusion gene -> MPN with eosinophilia and FIP1L1/PDGFRA mutation

# CMML: prognosis/predictive factors

#### Prognosis

- Median survival 20-40 months
- 15-30% progress to acute leukemia
- Predictive factors
  - PB and BM blast percentage (most important factor)
  - Splenomegaly
  - Severity of anemia
  - Degree of leukocytosis

Atypical Chronic Myeloid Leukemia (aCML), bcr/abl1 negative

#### aCML: Characteristic features

 Leukocytosis with dysplastic immature and mature neutrophils
 Multilineage dysplasia
 No Ph or Bcr/Abl

# aCML: Epidemiology

Unknown incidence
 Estimated 1-2 cases for every 100 Ph(+) CML
 Median age: 7<sup>th</sup>-8<sup>th</sup> decades
 M:F = 1-2.5:1

#### aCML: Diagnostic criteria

- PB leukocytosis (mature and immature neutrophils), WBC >13 x10<sup>9</sup>/L (13 x10<sup>3</sup>/uL)
- Prominent dysgranulopoiesis (major characteristics)
- No Ph or Bcr/Abl

No rearrangement of PDGFRA or PDGFRB

Neutrophil precursors (promyelocytes, myelocytes, metamyelocytes) >10% of WBCs
 Basophils <2% of WBCs</li>

### aCML: Diagnostic criteria

- Monocytes < 10% of WBC</p>
- Hypercellular BM with granulocytic proliferation and dysplasia, with or without erythroid and megakaryocytic dysplasia
- Some cases may have megakaryocytes similar to those in CML
- <20% blasts in PB and BM</p>

#### aCML: Clinical features

PB and BM always involved
 Spleen and liver involvement: common
 Most patients have symptoms related to

 Anemia
 Thrembourteenia

- Thrombocytopenia
- Splenomegaly

# aCML: PB morphology



# aCML, BM



 Hypercellularity due granulocytic proliferation. Bone marrow biopsy.

## aCML: BM morphology

BM megakaryopoiesis and erythropoiesis are variable in quantity

■ M:E >10:1

Increased reticulin fibers at diagnosis or later in course of disease

#### aCML:

Cytochemistry/Immunophenotype
No specific abnormalities

### aCML: Genetics

#### +8, +13, del(20q), i(17q), del(12p)

- 80% of cases
- Not specific
- No Ph or Bcr/Abl1
- Some cases with JAK2 V617F
- 30% of cases with NRAS or KRAS

#### aCML: Course and prognosis

Median survival < 20 months</p> Poor prognostic factors - Thrombocytopenia - Marked anemia 25-40% evolve to acute leukemia The remaining patients die of marrow failure

## aCML: Variant

- Syndrome of abnormal chromatin clumping
  - PB morphology
    - high percentage of immature and mature neutrophils with exaggerated clumping of chromatin ("chromatin condensation")
    - nuclear hypolobation and cytoplasmic hypogranularity are common
    - WBC count usually increased
    - Severe anemia and thrombocytopenia

aCML

- Syndrome of abnormal chromatin clumping
  - BM morphology
    - hypercellular
    - granulocytic proliferation with nuclear abnormalities similar to PB
    - Moderate dysplasia in erythroblastic and megakaryocytic lineages
  - Survival is similar to aCML

#### aCML: Peripheral Blood Smear



#### aCML: Aspirate Smear



#### aCML: Aspirate Smear

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