# Adult T-cell Leukemia/Lymphoma

#### **Definition**

Peripheral T-cell neoplasm

- Most often composed of highly pleomorphic lymphoid cells
- Usually widely disseminated
- Caused by the human T-cell leukemia virus type 1 (HTLV-1)

## **Epidemiology**

- Endemic in
  - Japan
  - Caribbean basin
  - Central Africa
- Disease distribution closely linked to prevalence of HTLV-1 in the population

## **Epidemiology**

- Long latency
- Affected individuals are exposed to the virus very early in life
- Virus transmission
  - Breast milk
  - Blood
  - Blood products

## **Epidemiology**

 Incidence of 2.5% among HTLV-1 carriers in Japan

 Sporadic cases found in USA and elsewhere in the world

Adults (median age 55 years)

M:F = 1.5:1

#### Sites of Involvement

- Widespread LN and PB involvement (most common presentation)
- Number of circulating neoplastic cells does not correlate with degree of BM involvement
  - Circulating cells may be recruited from other organs like skin

#### Sites of Involvement

- Systemic disease with involvement of
  - Spleen
  - Skin (most common extralymphatic site of involvement; >50%)
  - Lung
  - GI
  - CNS



#### **Sites of Involvement**





# Adult T Cell Leukemia/Lymphoma

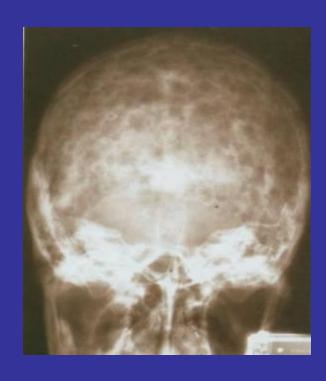




#### **Clinical Variants**

- Acute
- Lymphomatous
- Chronic
- Smoldering

- Acute variant
  - Most common
  - Leukemic phase
  - Markedly elevated WBC
  - Skin rash
  - Generalized lymphadenopathy
  - Hypercalcemia, with or without
    lytic bone lesions



- Acute variant
  - Systemic disease
    - Hepatosplenomegaly
    - Constitutional symptoms
    - Elevated LDH
  - Eosinophilia
  - T-cell immunodeficiency (PCP; Strongyloidiasis)

- Lymphomatous variant
  - Prominent lymphadenopathy without PB involvement
  - Advanced stage disease
  - Hypercalcemia is less often seen

#### Chronic variant

- Skin lesions (exfoliative rash)
- May have absolute lymphocytosis (but atypical lymphocytes are not numerous in PB)
- No hypercalcemia
- Progression to acute variant in 25% of cases, but after a long duration

- Smoldering variant
  - Normal WBC with <3-5% neoplastic cells</li>
  - Skin or pulmonary lesions are frequent
  - No hypercalcemia
  - Progression to acute variant in 25% of cases, but after a long duration

	ACUTE	LYMPHOMATOUS	CHRONIC	SMOLDERING
Leukemic phase	+	-	ATLL cells >10%	ATLL cells <3-5%
WBC	<b>↑</b> ↑↑		1	Normal
LN	+	+	Mild	•
Hypercalcemia	Common	Uncommon	-	•
Hepatosplenomeg	+	+	Slight	•
LDH	1	1	Slight ↑	Normal
Skin rash	+		+	+
Infections	+	+		
Survival	2 wks to >1 yr	2 wks to >1 yr	< 2 yrs	> 2 yrs

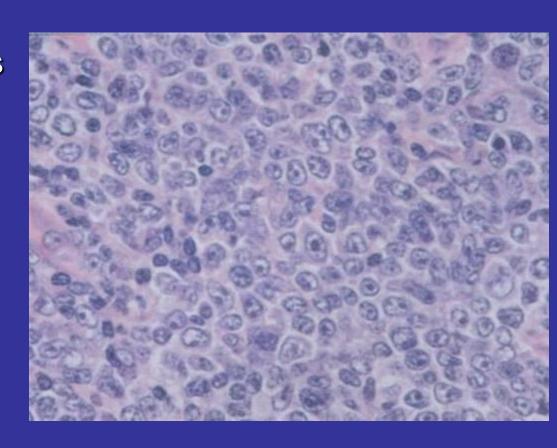
## **Etiology**

HTLV-1 is causally linked to ATLL

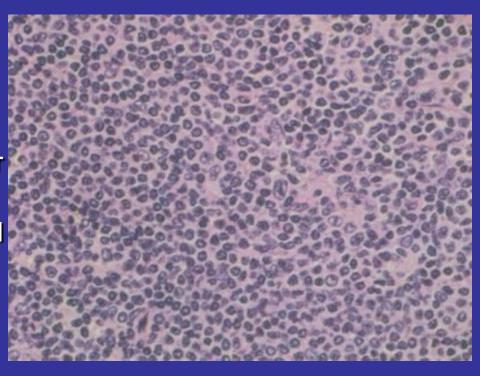
 p40 tax viral protein leads to transcriptional activation of many genes in the infected lymphocytes

 HTLV-1 infection alone is not sufficient for neoplastic transformation. Additional genetic alterations may result in development of a malignancy

- Acute and lymphomatous variants
  - Large to medium-sized cells
  - Pronounced nuclear pleomorphism
  - Coarsely clumped chromatin
  - Prominent nucleoli



- Acute and lymphomatous variants
  - Rare cases may have small atypical lymphocytes with nuclear pleomorphism
  - Clinical course is unrelated to cell size

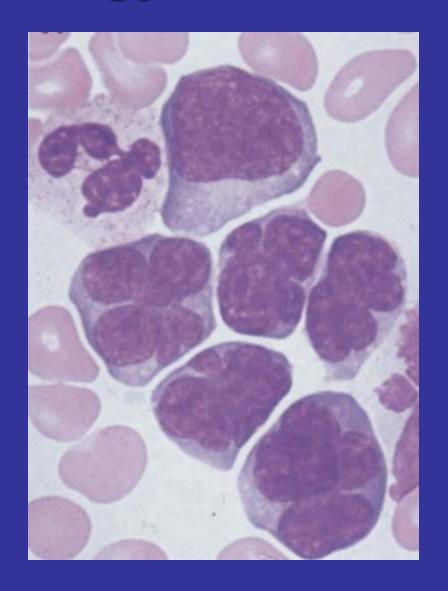


#### - PB

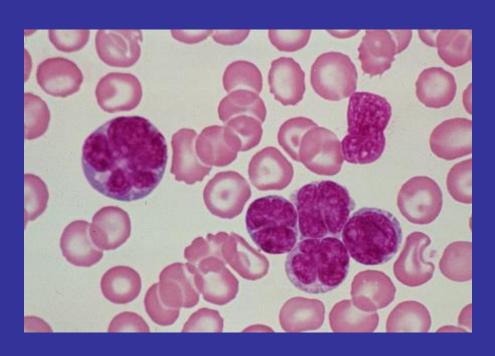
- Polylobated cells ("flower cells")
- Deeply basophilic cytoplasm
- Small proportion of blastlike cells

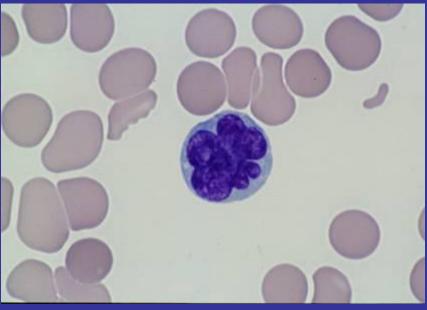
#### - BM

- Patchy infiltrates
- Osteoclastic activity may be prominent (even in absence of infiltrate of neoplastic cells)

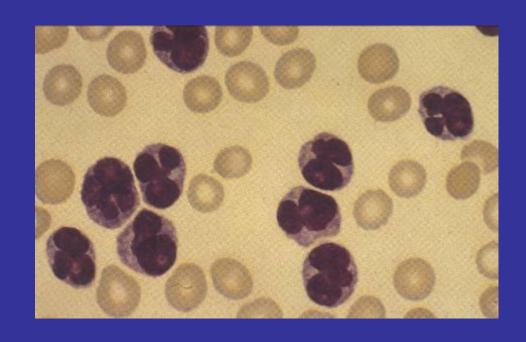


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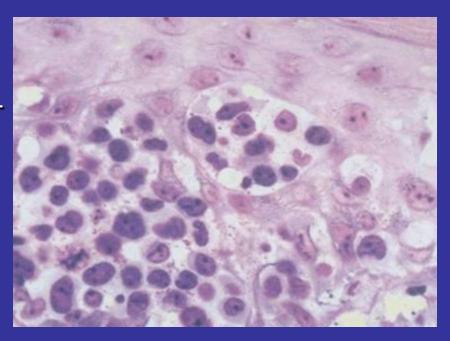




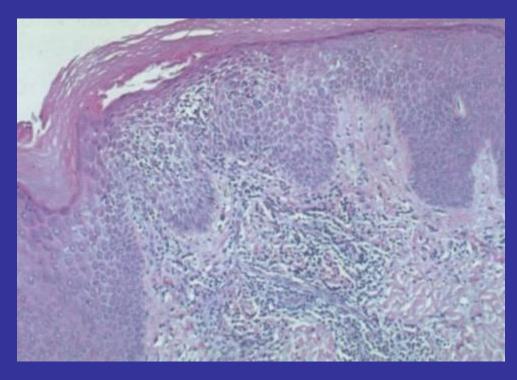
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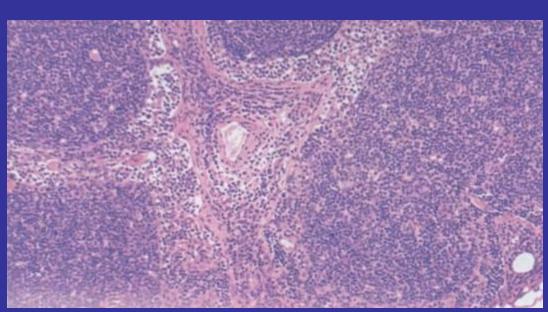
- Acute and lymphomatous variants
  - Skin
    - Epidermal infiltration with Pautrierlike microabscesses

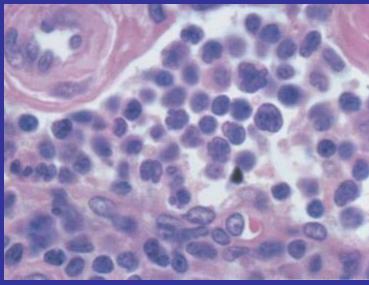


- Chronic and smoldering variants
  - Small cells
  - Minimal cytological atypia
  - Skin
    - Sparse dermal infiltrate
    - hyperkeratosis

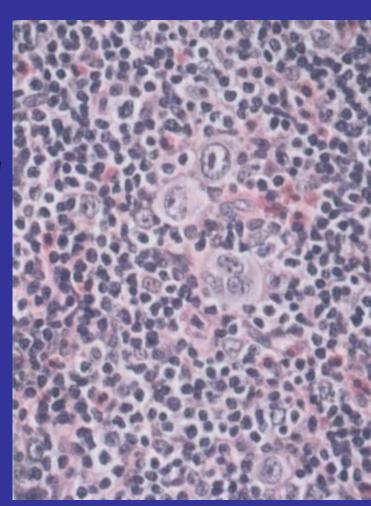


- Lymp node
  - Some cases may show a leukemic pattern of involvement (malignant cells in preserved or dilated sinuses)



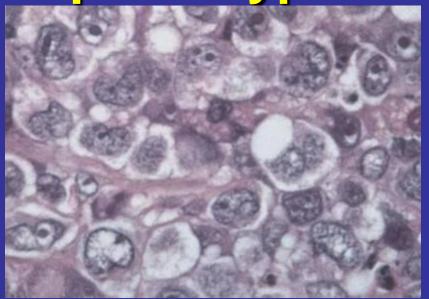


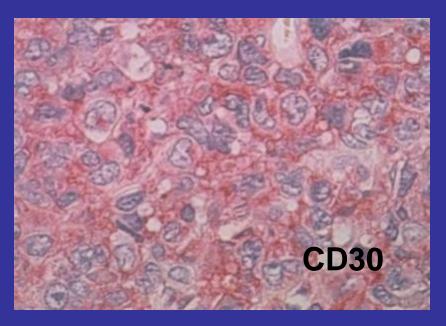
- Early and smoldering variants may show Hodgkin lymphoma-like LN histology
  - Paracortical areas expanded with a diffuse infiltrate
  - Small to medium-sized lymphocytes with mild nuclear irregularities, indistinct nucleoli, scant cytoplasm
  - Interspersed RS-like cells and giant cells with lobulated nuclei (EBV and CD15/30 positive)
  - Progresses to overt ATLL within months



#### **ATCLL: Immunophenotype**

- Positive for
  - CD2/3/5/25
- Usually negative for
  - CD7
- Most cases are CD4+/CD8-
- Large transformed cells
  - May be CD30+
  - But negative for ALK / TIA-1 / granzyme B





#### Genetics

- Consistent TCR beta rearrangement
- Clonally integrated HTLV-1 found in all cases
- Possible loss of putative tumor suppressor gene on 6q (6q15-21)
- Alteration of p16 and p53

## Postulated Cell of Origin

Peripheral CD4+ T cells in various stages of activation

## **Prognosis**

- Prognostic factors
  - Clinical subtype
  - Age
  - Performance status
  - Serum Ca
  - Serum LDH

## **Prognosis**

#### Survival

- Acute and lymphomatous variants
  - 2 wks to > 1 year
  - Causes of death
    - Infectious complications
      - » PCP
      - » Cryptococcus meningitis
      - » Disseminated herpes zoster
    - Hypercalcemia
- Chronic and smoldering variants
  - longer survival
  - Can transform into an acute phase (aggressive)